




November 2022 Activity Program

(Proposed program – subject to change)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
 <p>1 Melbourne Cup 9am 1 on 1 visits 10.30am Physical Activity 11.00am Resident Meeting 1pm Melbourne Cup Race 2pm Sensory/Therapy Time</p>	<p>2 November 9am 1 on 1 time 10.30am Physical Activity 11am Pamper Parlour 1pm 1 on 1 visits/walks 2pm Montessori </p>	<p>3 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>4 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Montessori</p>	<p>5 11am Poetry & Stories 1pm Floor/Ball Games 2pm 1 on 1 visits/walks</p>	<p>6 11am Garden Time 1pm Sensory/Therapy Time 4pm 1 on 1 visits/walks</p>	<p>7 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Montessori</p>	
<p>8 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>9 9am 1 on 1 time 10.30am Physical Activity 11am Pamper Parlour 1pm 1 on 1 visits/walks 2pm Montessori</p>	<p>10 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>11 Lest We Forget 9am 1 on 1 time 10.30am Physical Activity 11am Remembrance Day 1pm 1 on 1 visits/walks </p>	<p>12 11am Poetry & Stories 1pm Floor/Ball Games 2pm 1 on 1 visits/walks</p>	<p>13 11am Outdoor Time 1pm Sensory/Therapy Time 4pm 1 on 1 visits/walks</p>	<p>14 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Montessori</p>	
<p>15 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>16 9am 1 on 1 time 10.30am Physical Activity 11am Pamper Parlour 1pm 1 on 1 visits/walks 2pm Montessori</p>	<p>17 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>18 9am 1 on 1 time 10am Church Service 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Montessori</p>	<p>19 11am Poetry & Stories 1pm Floor/Ball Games 2pm 1 on 1 visits/walks</p>	<p>20 11am Garden 1pm Sensory/Therapy Time 4pm 1 on 1 visits/walks</p>	<p>21 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Montessori</p>	
<p>22 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>23 9am 1 on 1 time 10am Catholic Church 11am Pamper Parlour 1pm 1 on 1 visits/walks 2pm Montessori</p>	<p>24 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>25 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Montessori</p>	<p>26 11am Poetry & Stories 1pm Floor/Ball Games 2pm 1 on 1 visits/walks</p>	<p>27 11am Outdoor Time 1pm Sensory/Therapy Time 4pm 1 on 1 visits/walks</p>	<p>28 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Montessori</p>	
<p>29 9am 1 on 1 time 10.30am Physical Activity 11am Mental Stimulation 1pm 1 on 1 visits/walks 2pm Sensory/Therapy Time</p>	<p>30 9am 1 on 1 time 10.30am Physical Activity 11am Pamper Parlour 1pm 1 on 1 visits/walks 2pm Montessori</p>	<p><u>November Birthdays</u></p> 